



Spartan Newsletter

St. Paul of the Cross 2022-2023 School Year

School-Wide Learning Expectation: Academically Prepared; Spiritually Evolving; Active Catholic-Christian; Life-Long Learner **February 1st, 2023**

65 Years of Developing Students Academically and Spiritually!

Principally Speaking:

Preparing for LENT!
Part 2 of 3 Sections



Fast

The Church requires the faithful who are in good health and not nursing or pregnant from ages 18-59 to fast from eating between meals on Ash Wednesday and Good Friday. We are also asked to avoid meat on these days and on all the Fridays during Lent. You can read more details about Lent at the USCCB's website. Besides this fast, some people choose to fast from other things, also called giving something up. You can fast from almost anything you can think of: sweets, junk food, coffee, social media, staying up too late, bad company, and negative influences are just a few things.

The idea is that your fast will help you to draw closer to God and to think of God more.

For example, if you fast from coffee, is coffee something you drink a lot or occasionally? Would giving it up really be a sacrifice for you? What will you replace it with? If you replace it with soda, that is not good for you. Water would be a better replacement. If you know that reaching for a cup of coffee several times each day will draw your thoughts to God, you may have found a good sacrifice for you. Every time you find yourself wanting a cup of coffee, you can think of why you are not drinking it-you are offering it as a sacrifice to God in thanksgiving for all He has done for you. You can say a prayer for God to help you to be closer to Him, or you can pray for someone you know who is in need of prayers.

The idea of a fast is to offer a sacrifice to God of something that is currently part of your life. Fasting's aim is to bring you closer to God. Think about what sacrifice will help you to draw closer to God.

Ms. Hernandez

From: <https://blessedcatholicmom.com/prepare-for-lent-catholic/>

** DATES TO REMINDER **

NO SCHOOL ON:

Monday, February 20th <i>Presidents' Day</i>	April 7th – 14th <i>Easter Vacation</i>
Monday, March 13th <i>Bishop's Day Off</i>	Monday, May 29th <i>Memorial Day</i>

UP COMING EVENTS:

Jan. 29th to Feb. 5th <i>Catholic Schools' Week</i>	Wednesday, Feb. 15th <i>SC Patio Prayer</i>
Thursday, Feb. 2nd <i>Student Appreciation</i>	Wednesday, Feb. 15th <i>Student of the Month</i>
Friday, Feb. 3rd <i>5th Gr Mass</i>	Friday, Feb. 17th <i>3rd Gr Mass</i>
Friday, Feb 3rd <i>Teacher/Staff Appreciation</i>	Saturday, Feb. 18th <i>Father/Daughter Dance</i>
Wednesday, Feb. 8th <i>TK/K Patio Prayer</i>	Wednesday, Feb. 22nd <i>Ash Wednesday</i>
Friday, Feb. 10th <i>4th Gr Mass</i>	Thursday, Feb. 23rd <i>\$1 Free Dress</i>
Saturday, Feb. 11th <i>Faith & Cheer Event</i>	Friday, Feb. 24th <i>Fish Fry</i>
Sunday, Feb. 12th <i>Family Mass @ 10am</i>	Friday, Feb. 24th <i>Raffle of Baskets</i>
Tuesday, Feb. 14th <i>Valentine's Day</i>	Wednesday, Mar. 1st <i>NJHS Patio Prayer</i>

2nd Mandatory Fundraiser

Parents:

Our second **MANDATORY \$100 FUNDRASISER IS DUE NOW!** We will be having a Raffle of Baskets on Friday, February 24th during our first Fish Fry event. Each family will receive 10 tickets to be put in for a chance to win the basket(s) of your choice! Each basket will be worth \$100!



GOT FISH?

Save the DATES & TIMES

- Fish Fry #1 Friday Feb. 24th @ 5:30-7pm
- Fish Fry #2 Friday, Mar. 3rd @ 5:30-7pm
- Fish Fry #3 Friday, Mar. 10th @ 5:30-7pm
- Fish Fry #4 Friday, Mar. 17th @ 5:30-7pm
- Fish Fry #5 Friday, Mar. 24th @ 5:30-7pm
- Fish Fry #6 Friday, Mar. 31st @ 5:30-7pm

Faith-N-Cheer Brunch

Save the Date: Saturday, Feb. 11th
 Come have Brunch from 10am to 1pm
 At La Habra Heights Café
 2461 W. Whittier Blvd.
 La Habra, CA 90631

**ALL PROCEEDS GO TO HELP FUND THE
 FAITH – N- CHEER PROGRAM**

Fingerprinting

Parents getting fingerprinted is a mandatory policy that is put in place by the LA Archdiocese. We are working on getting 100% participation. You only need to get your fingerprints done once. Please keep in mind in order to volunteer on campus you must be fingerprinted.

Student of the Month

**Wednesday, February 15th –
 Trustworthiness (After Patio Prayer)**

Prayer Corner

If you would like to add someone to the prayer corner, please send in their name by Monday morning. Thank you.

Please Prayer for:

- Ms. H
- Father Chan
- School
- Kathy Alva
- Michelle Feltault
- Kyle Haber

For The Repose of the Souls of:

- Pope Emeritus Benedict XVI – Our formal Pope
- Elizabeth Iglesias – Ms. H's Sister
- Janet Caballero – Barbara Woods' Sister

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*Do not be anxious about anything, but in everything by prayer.  
 ~Philippians 4:6-7*

## Lent Schedule

**Ash Wednesday: Feb. 22<sup>nd</sup>**

Masses 8:30am & 7pm(*bilingual*)

**Fish Fry Fridays @ 5:50pm-7pm**

Feb. 24<sup>th</sup>, Mar. 3<sup>rd</sup>, Mar. 10<sup>th</sup>, Mar. 17<sup>th</sup>  
 Mar. 24<sup>th</sup> & Mar. 31<sup>st</sup>

**Stations of the Cross Thursdays**

**TK/Kinder Mar. 9<sup>th</sup>**

**1<sup>st</sup>/2<sup>nd</sup> Mar. 16<sup>th</sup>**

**3<sup>rd</sup>/4<sup>th</sup> Mar. 23<sup>rd</sup>**

**5<sup>th</sup>/6<sup>th</sup> Mar. 30<sup>th</sup>**

**7<sup>th</sup>/8<sup>th</sup> April 6<sup>th</sup>**



**LENT**

## WE NEED YOUR HELP!

**Parents please sign-up.**

You need to do 5 BINGOS throughout the year.:  
**\*\*Bingo Hours are on Fridays from 5:30 - 10pm**

|                                  |                  |
|----------------------------------|------------------|
| February 3                       | 1 parent needed  |
| February 10                      | 2 parents needed |
| February 17                      | 3 parents needed |
| February 23                      | 3 parents needed |
| March 2                          | 4 parents needed |
| <b>BINGO SUPPORTS OUR SCHOOL</b> |                  |

## ~ Bingo ~

**Parents, it is very important to show-up for  
 the Bingo slot you signed-up for. Thank you.**

| February 3            | February 10           |
|-----------------------|-----------------------|
| Anthony Hernandez: TK | Anthony Hernandez: TK |
| Sarah Salgado: 3      | Sarah Salgado: 3      |
| Sebastian Gomez: 8    |                       |
|                       |                       |

## Scrip Sales

**You can order Scrip on Monday and get it  
 on Thursdays or sign-up online to buy  
 scrip.**